Angry - Numbers 20:2-12

22 & 23 February - Ron Aulbach

Not Today

LIFE

Building life giving relationships

Catch up - Spend 20-30 minutes catching up with each member of the group and sharing prayer requests.

Your story - Have you had an angry outburst that you wish you could have taken back? Would you share a story?

GOD

Growing more like Jesus together

INTRO QUESTION:

• Is anger a sin? Read Ephesians 4:26-27, what does this verse imply?

READ: Numbers 20:2-12

- What do you notice about the people? What characteristic is on display?
 - It's easy to look back and wonder at the Israelites' poor attitude... but can you
 think back, share about a time in your life that was filled with complaining.
- Bonus: Read Exodus 15 and 17 to learn of other times the Isrealites were without water and what God did.
- What do you notice about Moses' and Aaron's first reaction?
- Re-read verse 9-11. What are Moses' issues here?
- What is the significance of Moses' staff (A:God gave him power)? In what areas of life do you have power? How do we remember to avoid sinning in our anger?

HIDING ANGER:

• How do we hide our anger? Which of these do you do?

- o Criticism we peck at people, criticize them with our words
- Gossip we gossip, slander but disguise it as telling the truth hurts
- o Cold as ice we shut down and block them out

RESPONSE:

• Is there someone you have hurt with your anger? The bible is clear that we should seek reconciliation. What would be the next step for you?

OTHERS

Loving God and loving others

KINDNESS CHALLENGE: Pastor Ron challenged us towards the kindness challenge, starting Feb 23 for 30 days. Pick one person (spouse, child, friend, co-worker. Resist picking a different person each day).

- 1) Say nothing bad to or about them each day.
- 2) Say something nice/encouraging to them each day.
- 3) Do an act of service each day