# Pray - Part 1

19 April - Ron Aulbach

#### LIFE

Building life giving relationships

**CATCH UP**: Spend 20-30 minutes catching up with each member of the group and sharing prayer requests.

YOUR STORY: What is your favorite flavor of ice cream, gelato, or shaved ice?

### GOD

Growing more like Jesus together

#### **ENGAGE THE MESSAGE:**

- 1. Pastor Ron talked about having a new addiction to ice cream and posed the question, "What would it be like to love prayer as much as ice cream?" What is something you've leaned on during this time of COVID 19? Where does prayer rank in your list of "loves" right now?
- 2. It was suggested that one way to block out distractions is to set a timer. Pick a time that you want to focus on prayer. What do you think of that suggestion and where would you start the timer for you?
- 3. Philipppians 4:6 talks about three types of prayer: 1) Prayer as talking to God 2) Petition as asking God 3) Thanksgiving as thanking God. Which type of prayer do you normally pray? Which type do you need to incorporate into your quiet time?
- 4. Pastor Ron challenged us to set a stretching goal, personally, for how we would like to grow in our conversational intimacy with God. Write down your goal for these next four weeks of the series.

## **OTHERS**

Loving God and loving others

**PRAY:** How can your group/family/friends/neighbors encourage or challenge each other to pray? Ask someone else this week how you can pray for them, and do it. Then when the Spirit nudges you towards an action be ready to move.

**IN GROUP/FAMILY IDEA:** If this is a group or family, this week have everyone text or message a short personal prayer request. Each person/couple then in a corporate time prays for the next person/couple on the text chain.