# **How to Pray for Someone**

24 May - Ron Aulbach

**Pray - Trusting God in a Hurting World** 

### LIFE

Building life giving relationships

**CATCH UP:** Spend 20-30 minutes catching up with each member of the group and sharing prayer requests.

**YOUR STORY:** What are memorial day plans (or what did you do for it)? Is there a special way that you normally honor those who have served in the military?

## GOD

Growing more like Jesus together

#### **ENGAGE THE MESSAGE:**

- 1. Pastor Ron mentioned that people genuinely believe in the power of prayer, want to pray more, and have concerns that they can pray for, but still get distracted from praying. What distracts you from praying? Do you get sleepy? Bored? See no point in it?
- 2. Read Galatians 6:2. As a group, family or solo, how are you doing at carrying the burdens and concerns of the people around you?
- 3. A key component to knowing how to pray for someone is being "ready and willing." Take a few minutes to rate yourself on a scale of 1-10, on your readiness and your willingness to pray for someone. What would make you more willing? Are you looking for validation or affirmation in order to pray? How about your preparedness? Are you in the word regularly as a source of hope through God's word?
- 4. Paul prays one of the most powerful, and specific prayers in Ephesians 3:14-19. Spend some time re-reading these verses. Underline key words that stand out to you. As you read it, are there people you know that could benefit from having this prayer sent to them or read to them? List out some ways in which you could share this with others.

# **OTHERS**

Loving God and loving others

**PRAYER CHALLENGE:** Send the Ephesians 3:14-19 prayer to someone else. Or find another prayer or encouraging set of verses and send them or post them on social media for someone else to be encouraged and challenged by Jesus.