

Dealing With Criticism & Discouragement

28 February - Ron Aulbach

Nehemiah 4:1-14

LIFE

Building life giving relationships

CATCH UP: Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other.

YOUR STORY: What encourages you?

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read** Nehemiah 4
2. Pastor Ron started with the thought that we all have “mountain tops” and “valleys” as we journey life. What have been some of yours the past few weeks? Months? (Don't say Covid :)
3. When criticism comes, how well do you handle it? How well do you prepare for it?
4. What opposition have you faced for doing the right thing? In what area of your life are you facing opposition right now?
5. Is there a wrong way to do the right thing? Or a right way to do the wrong thing?
6. If time is the most valuable resource we have, how much time do you give to God? What about to your critiques?
7. Nehemiah 4:9 says they prayed and posted a guard. What boundaries do you need to put in place? Boundaries around your finances, social media, streaming videos...

OTHERS

Loving God and loving others

RESPOND: How do you “respond” to those who criticize you? Do you respond privately? Publicly? Prayerfully?

- How can we help each other to respond well, and pray?