

How To Have Great Friends

7 March - Ron Aulbach

Nehemiah 5:1-13

LIFE

Building life giving relationships

CATCH UP: Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other.

YOUR STORY: Who was a good friend to you as a kid? Share a story.

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read** Nehemiah 5:1-13
2. Have you been righteous or unrighteous in spirit? Rich or poor in spirit?
3. Pastor Ron spoke on the love of money. What role does money play in your life? Is it healthy or unhealthy?
4. What aspect of life gives you righteous anger? What are some ways you can allow God to use that righteous anger for good?
5. When was the last time you pondered your thoughts like Nehemiah? What would it look like to breath in the moments of fight/flight/freeze?
6. How does controlling our emotions impact others for God's Kingdom? How can you begin to control your emotions?

OTHERS

Loving God and loving others

RESPOND:

- Have your friends moved toward or away from you during times of crisis? Why do you think that is the case? Reverse roles. Have you moved toward or away from your friends during crisis? Why?
- How do your friendships with others shape your union with God? What can you/we do to move towards others in crisis?