

Peaks & Valleys

16 January - Ron Aulbach

1 Samuel 14:1-14

LIFE

Building life giving relationships

CATCH UP: Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other.

YOUR STORY: What is a peak or valley you've experienced this past week?

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read** 1 Samuel 4
2. How does Jonathon deal with uncertainty in this story?
3. What is your regular stress response when tough times come?
4. How do you approach life? By the minutes or the moments? Why?
5. What was a defining moment in your life?
6. What does it mean to you to dig into life with all you've got? How does your faith play a role in this?

OTHERS

Loving God and loving others

OTHERS: How do you choose the people to do life with? Who could you invite to do life with you?

Are you in a group? Sign up for a group today! Or invite others to jump into a group. Signup at www.bridgewaycommunity.org/signup