

Reframing the Wilderness

20 February - Randy Phillips

1 Kings 19

LIFE

Building life giving relationships

CATCH UP: Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other. If possible try to have a quiet time in 1 Kings 18 & 19 before the lesson.

YOUR STORY: What is your favorite part of the wilderness?

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read** 1 Kings 19:1-18
2. What do you notice about Elijah's journey? What are his peaks and valleys in this story?
3. What do you do when you hit an opposition moment in your life?
4. Who can you be real with in your life?
5. What is the purpose of pain in Elijah's life? What is the purpose of pain in your life?
6. How can God turn our valleys into hope? Where do you see O's and God sees 7000?

OTHERS

Loving God and loving others

OTHERS: Who can you walk alongside to encourage this week?