

# PRACTICES

16 October - Justin Gill

1 Thessalonians 5:16-18

## LIFE

Building life giving relationships

**WELCOME:** Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other. If possible try to have a quiet time in 1 Thessalonians 5:16-18.

**SHARE:** Share an awkward moment you witnessed recently.

## GOD

Growing more like Jesus together

### ENGAGE THE MESSAGE:

1. **Read** 1 Thessalonians 5:16-18
2. What is God's will according to these verses?
3. What is the difference between joy and happiness? And how does that relate to our prayer?
4. How do we pray continually? What can be your step 1 this week? What reminders can you put in?
5. What parts of these verses are you good at and bad at? How can you take a step in faith and action to be a little better this week and month in making these verses true in your life?
6. Share about a trial you've faced that made you better, stronger, and have more faith.

## OTHERS

Loving God and loving others

**ENCOURAGE:** How can you invite someone else into continual prayer with you, by themselves and/or with others?