

THE CURE

FOR COMPLAINING

4 December - Ron Aulbach

Genesis 3:11-13, Exodus 16:2-4, Numbers 13:30-32

LIFE

Building life giving relationships

WELCOME: Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other. If possible try to have a quiet time in Genesis 3:11-13, Exodus 16:2-4, Numbers 13:30-32.

SHARE: What is something that makes you happy?

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read** Genesis 3:11-13, Exodus 16:2-4, Numbers 13:30-32
2. How often do you find yourself complaining in a day?
3. What triggers you to complain?
4. Why do you think we, as humans, are quick to deflect and shift blame to other people?
5. Do you long for the past in a way that influences your complaining in the present? Why?
6. What hard things are you being called to engage with? Why do you think that is?
7. Which environment that you're in promotes complaining?
8. How can you take ownership of your own penchant for complaining?

OTHERS

Loving God and loving others

EFFECT: How is your complaining affecting those around you?