

# THE GIFT OF

# BEING FULLY PRESENT

11 December - Ron Aulbach

Luke 1:46-55 & Psalm 118:24

## LIFE

Building life giving relationships

**WELCOME:** Spend 20-30 minutes catching up with each member of the group and sharing prayer requests. Make sure to spend a few minutes praying for each other. If possible try to have a quiet time in Luke 1:46-55 & Psalm 118:24.

**SHARE:** What is your favorite Christmas movie or book?

## GOD

Growing more like Jesus together

### ENGAGE THE MESSAGE:

1. **Read** Luke 1:46-55 & Psalm 118:24
2. What does Psalm 118:24 have to do with being present?
3. What does it mean to be present? What does that look like?
4. How do you slow down during your Day and focus on God?
5. Why do we rush through things? Who or what do we feel pressure from to hurry up?
6. How would being less busy impact your relationship with Jesus?
7. Does your phone hinder or help your faith journey? Why?

## OTHERS

Loving God and loving others

**POSTURE:** How does our posture impact those around us?