

“BATTLE READY”

RHYTHMS

LIFE CHANGING DISCIPLESHIP EXPERIENCES

22 January - Ron Aulbach

Exodus 17:8-13

LIFE

Building life giving relationships

WELCOME: Spend 15 - 20 minutes catching up with your group members and sharing prayer requests. Take some time to pray over each other. If possible try to have a quiet time in Exodus 17:8-13. Rhythms is a series designed to complement and give a small taste of the Rooted Experience.

SHARE: What are your favorite rhythms or repeated experiences?

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read** Exodus 17
2. What kind of battles have you faced recently? How do you get ready for them?
3. How can we use quiet times like Moses reached out to God?
4. Read Ephesians 5:25-26. What does it mean to be washed by the word?
5. In what ways do you connect with God throughout your week?
6. Pastor Ron said we often read through the Bible but how can we read the Bible through us?
7. When and where do you do your quiet times? Or when could you if you're adding this rhythm in?

OTHERS

Loving God and loving others

EXPERIENCE: How can you encourage others to step into quiet times this week?