

“ZOMBIE FLESH”

12 March - Ron Aulbach

Romans 8:1-8

LIFE

Building life giving relationships

WELCOME: Spend 15 - 20 minutes catching up with your group members and sharing prayer requests. Take some time to pray over each other. If possible try to have a quiet time in Romans 8:1-8.

SHARE: What's your relationship with food? With your job? Or exercise?

GOD

Growing more like Jesus together

ENGAGE THE MESSAGE:

1. **Read Romans 8:1-8**
2. What is your relationship with the Holy Spirit?
3. Why do we feel condemned? Who do we feel condemnation from?
4. What has the Spirit done for us according to verse 2? Why does this matter?
5. How do we know if we are focused on what the Spirit desires or what our flesh desires?
6. How do we have a growth mindset?

OTHERS

Loving God and loving others

LISTEN: Who can you encourage this week? Ask the Holy Spirit to give you eyes to see who to encourage.