

# RENEW YOUR MIND

3 Sept - Ron Aulbach

Romans 12:2

## LIFE

Building life giving relationships

**WELCOME:** Spend 15 - 20 minutes catching up with your group members and sharing prayer requests. Take some time to pray over each other. If possible try to have a quiet time in Romans 12:2.

**SHARE:** Share a riddle or a joke that you've heard recently.

## GOD

Growing more like Jesus together

### ENGAGE THE MESSAGE:

1. **Read Romans 12:2, Psalm 139:23, Jonah 2:7**
2. How do people work out their struggles?
3. What lie was Jonah believing that led him to his sin? What changed for Jonah that changed his direction? (Read Jonah 2:7 for context)
4. How has sin taken you further than you want?
5. What are you feeding your mind?
6. How can we redirect our minds?
7. Challenge: meditate and memorize the verses from today. Use this as a way to renew your mind!

## OTHERS

Loving God and loving others

**OTHERS:** How can you renew your mind with others?