

# bridgeway GROUPS

## GROUP CHECK IN:

Check in on the group with their habits. Start with devotions. How are they doing with devos? What are they learning? Anything they've really enjoyed or has challenged them lately from it? Are they looking for ideas of something to do?

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## DISCUSSION GUIDE:      March 3 - Mike Antuma

"The Need For Speed"

**LIFE:** What's the worst speeding ticket you've ever received and what was your excuse?

### ENGAGE THE MESSAGE:

1. **Read Ephesians 3:17-19.**
2. Name some of the specific times of your day in which you rush. What do you believe this "speed" is going to give you? Does rushing give life to you or drain life from you?
3. What are some symptoms you've experienced emotionally, relationally, and physically when you've tried to speed through life too much?
4. Are you supplied and filled with the measure of God? Why might you not be? What can you change to more fully rest in God's provision?
5. What are the things that you always spend time on? Is pursuing God one of those things?
6. Do you allow rest and space in your life to engage with others?

**INVEST IN OTHERS:** Are you modeling how to add space for Jesus in your life to those around you? Pray this week that God will show you at least one way to prioritize your day and space it out to allow availability for others.