

bridgeway GROUPS

SERIES INTRO:

In this series we explore the struggles of mental health and how the Bible speaks into them.

DISCUSSION GUIDE: November 24 - Mike Antuma

“Family at the Holidays”

LIFE: What is your favorite Thanksgiving holiday memory?

ENGAGE THE MESSAGE:

1. **Read 1 Samuel 19:1-10**
2. What is your typical reaction to “spear throwing”? Do you “fight fire with fire” or try to make peace?
3. How do you handle other people's dysfunction in your life? Do you let it affect you or do you positively affect them?
4. How can you bring life to Thanksgiving and your family?
5. What intentional caring questions can you ask others during Thanksgiving?
6. How can you serve others during Thanksgiving?
7. How do you view your family? How does God view them?

MAKE DISCIPLES: How can you interact with them to show God's love to them?