

# bridgeway GROUPS

## **BIBLE READING PLAN:**

Join us for the 1 Thessalonians three week Bible Reading Plan! See all the options for signing up on our website: [bridgewaycommunity.org](http://bridgewaycommunity.org)

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## **DISCUSSION GUIDE:**

**May 25 - Ron Aulbach**

“Check In, Check Up!”

**LIFE:** What do you do when you make a mistake? Do you hide? Do you laugh? Do you stop or continue?

### **ENGAGE THE MESSAGE:**

1. **Read 1 Thessalonians 5:12-28.**
2. Why is grace essential for spiritual growth?
3. Which 1 or 2 of the list stood out as areas to focus on growing in for you?
4. What from the list are you doing well? Which ones are you not doing well?
5. Have you ever noticed how when you are physically healthy, it is easier to be spiritual. Are you training your body and mind to grow in your journey?
6. The last in the list was Love one another...how can you do this today and this week?
7. Take a moment to pray for the church leadership, the church as a community and for each other.

**MAKE DISCIPLES:** Who in your life is checking in on your spiritual growth? Who are you checking in on? How can you check in and check up on each other regularly?