

bridgeway GROUPS

PSALMS READING PLAN:

Join us for the “Summer in the Psalms” Bible reading plan! See and download the plan on our website: bridgewaycommunity.org

DISCUSSION GUIDE: June 22 - Ron Aulbach

“One Day at a Time”

LIFE: What did you do as a kid during the very hot summer days?

ENGAGE THE MESSAGE:

1. **Read Psalm 63.**
2. What are the benefits of living “one day at a time”? What makes it difficult to live that way?
3. David was literally in the desert when he wrote Psalm 63. What metaphors do you read in this psalm? How is David striving to live one day at a time?
4. In what ways have you experienced your own heart longing for something greater than yourself?
5. What spiritual markers have you had that remind you of who God is?
6. Are you well rested? What are the barriers to being well rested nightly?
7. What could you do as part of your night time routine to recenter your mind on Christ as you fall asleep?

MAKE DISCIPLES: How can you use your days to impact those around you for God's Kingdom?